

# Medicare helps cover **Diabetes** supplies and services to help keep you healthy.



- Screenings for people at risk
- Diabetes self-management training
- Medical nutrition therapy Services
- Hemoglobin A1c tests
- Glucose monitors, test strips, lancets, insulin, some insulin pumps (Part B)
- Antidiabetic drugs (Part D)
- Supplies for insulin (Part D) (like syringes)
- Glaucoma tests
- Foot exams, foot treatment, and therapeutic shoes

For a free copy of “Medicare Coverage of Diabetes Supplies and Services,” visit [Medicare.gov/publications](https://www.medicare.gov/publications).

The National Diabetes Education Program has more information to help you manage your diabetes. Visit [ndep.nih.gov](https://www.ndep.nih.gov).



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## Things to ask your doctor or other health care professional **at your next visit:**



- How to sign up for Diabetes self-management training
- What kind of nutrition plan you need (medical nutrition therapy services)
- How to find a program to quit smoking
- If you need a pneumococcal shot



## Things to do **at each visit:**



- Go over your blood glucose readings
- Find out your A1c level
- Get your feet checked
- Get your weight and blood pressure checked



## Things to get **at least once a year:**



- A flu shot
- A dilated eye exam
- A foot exam (including check of circulation and nerves)
- A test to check your kidneys
- Cholesterol and lipid tests



Remember, talk to your doctor or other health care professional anytime you have questions or concerns about diabetes.

